

Monmouth Crossing

ASSISTED LIVING

560 Iron Bridge Rd • Freehold, NJ 07728 • (732) 303-8600



HAPPY BIRTHDAY

GRACE, M	8/2
BARBARA, P	8/2
LOUISE, H	8/6
BARBARA, S	8/9
RITA, B	8/14
BETTY, P	8/15
MADELEINE, F	8/26
FRITZ, V	8/30



Sit Back and Relax

Recognized for their reclined back and wide armrests, Adirondack chairs invite you to lean back and lounge awhile. This popular design has been copied since it was first created in 1903 by Thomas Lee. He used wood from local evergreen trees to build a comfortable yet sturdy outdoor chair for his home in New York's Adirondack Mountains, giving the chair its name.

August 2024





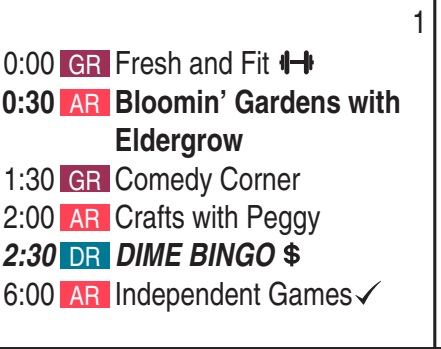
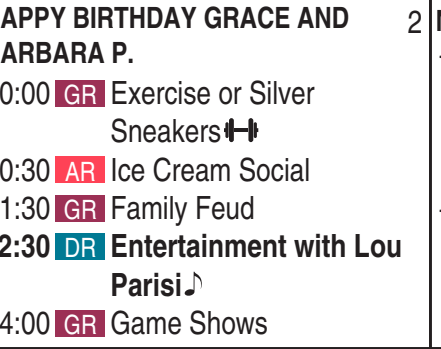
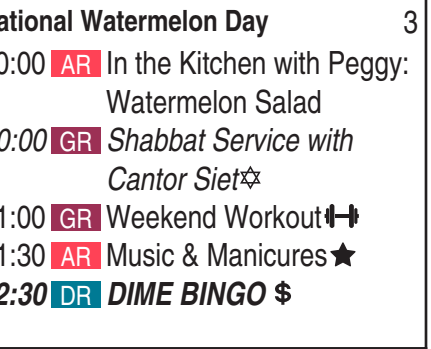


Life's a Peach

The peach, that sweet summer fruit, has long been a way to describe someone or something lovely—think “You’re a peach!” or “Things are just peachy.” The 1950s brought the fun phrase “peachy keen,” and an idyllic existence is sometimes called “peaches and cream”—as in “Life is not always peaches and cream.” Get a true taste of what these words are all about by enjoying some fresh peaches this month. You may find the experience just peachy!

Quench Thirst With Lemonade

For many, nothing satisfies summertime thirst better than a chilled glass of lemonade. Research shows that sour flavors stimulate salivation, which hydrates the mouth and creates a thirst-quenching feeling long after the drink is finished. Additional studies also suggest that tart flavors and scents, especially citrus, are often associated with refreshment.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4 10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube)† 11:00 AR Move It, Shake It, Lift It!↔ 1:30 AR Trivia 2:30 AR Pokeno\$ 6:00 Movie Ch 591	 5 10:00 GR Monday Move It ↔ 10:30 AR Baking with Katy ♪ 1:30 AR Zip Code Roll 2:30 AR Creating with Clay C 6:00 AR Independent Games✓	 6 HAPPY BIRTHDAY LOUISE 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare↔ 10:30 AR Banana Grams 1:00 B Trip: Aunt Butchie's C 1:30 AR In the Kitchen with Peggy: Making Donuts♪ 2:30 DR DIME BINGO \$ 4:00 GR Kids Say The Darnedest Things, Ch 591	 7 10:00 GR Zumba with Cathy ↔ 10:30 AR Lucky Dog 1:30 AR Zip Code Roll 2:00 GR Bowling 2:30 AR Current Events 4:00 GR America's Got Talent 6:00 AR DIME BINGO\$	 8 International Cat Day 10:00 GR Fresh and Fit ↔ 10:30 AR Paint A Cat 1:30 P Olympic Games 2:30 DR DIME BINGO \$ 6:00 GR Entertainment with TBD ♪	 9 HAPPY BIRTHDAY BARBARA S. 10:00 GR Exercise or Silver Sneakers↔ 10:30 AR Art History with Katy 1:30 AR Got It! 2:30 DR Entertainment with Paul Elwood ♪ 4:00 GR Game Shows	 10 National Watermelon Day 10:00 AR In the Kitchen with Peggy: Watermelon Salad 10:00 GR Shabbat Service with Cantor Siet✧ 11:00 GR Weekend Workout↔ 1:30 AR Music & Manicures★ 2:30 DR DIME BINGO \$
11 10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube)† 11:00 AR Move It, Shake It, Lift It!↔ 1:30 AR Trivia 2:30 AR Pokeno\$ 6:00 Movie Ch 591	12 10:00 GR Monday Move It ↔ 10:30 AR Lucky Dog 1:30 P Music on the Patio 2:30 DR DIME BINGO\$ 6:00 AR Independent Games✓	13 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare↔ 10:30 AR Documentary: Notre Dame Cathedral 1:30 3F Knitting/Crocheting Club 2:30 AR LCR 2:30 GR Poker with The Senior Poker Club C 4:00 GR Kids Say The Darnedest Things, Ch 591	14 HAPPY BIRTHDAY RITA 10:00 GR Active Alliance ↔ 10:30 AR Pokeno 1:30 AR Pokeno 2:00 P Jenga on the Patio 2:30 AR Short Stories 4:00 GR America's Got Talent 6:45 GR Heart of NJ Chorus ♪	15 HAPPY BIRTHDAY BETTY 10:00 GR Fresh and Fit ↔ 10:30 AR Bloomin' Gardens with Eldergrow 10:30 LL Sidewalk Sales: Mary Ellen Jewelry\$ 1:30 GR Comedy Corner 1:30 AR Summer Desserts with Peggy ♪ 2:30 DR DIME BINGO \$ 6:00 AR Independent Games✓	16 National Rum Day 10:00 GR Exercise or Silver Sneakers↔ 10:30 AR Coffee Chats 1:30 GR Happy Hour 2:30 DR Entertainment with Frankie Cirelli ♪ 4:00 GR Game Shows	17 10:00 AR Lucky Dog 10:00 GR Shabbat Service with Cantor Siet✧ 11:00 GR Weekend Workout↔ 1:30 AR Music & Manicures★ 2:30 DR DIME BINGO \$
18 10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube)† 11:00 AR Move It, Shake It, Lift It!↔ 1:30 AR Trivia 2:30 AR Pokeno\$ 6:00 Movie Ch 591	19 10:00 GR Communion with Deacon Rolf † 10:30 GR Monday Move It ↔ 11:00 AR LCR 1:30 P Refreshments and Chats 2:30 DR DIME BINGO\$ 6:00 AR Independent Games✓	20 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare↔ 10:30 AR Zip Code Roll 1:00 B Trip: Dollar Tree C 1:30 GR Trivia 2:00 DR Hula Dancers 4:00 GR Kids Say The Darnedest Things, Ch 591	21 10:00 GR Zumba with Cathy ↔ 10:30 GR Christian Faith Sharing with Anna † 1:30 P Country Music on the Patio 2:00 GR Bocce Ball 2:30 AR Current Events 4:00 GR America's Got Talent 6:00 AR DIME BINGO\$	22 10:00 GR Fresh and Fit ↔ 10:30 AR Pokeno 1:30 AR Comedy Corner 2:00 GR Bowling 2:30 DR DIME BINGO \$ 6:00 GR Entertainment with Bob Denson ♪	23 10:00 GR Exercise or Silver Sneakers↔ 10:30 AR Pokeno 1:30 GR Resident Council 2:30 DR Entertainment with Lisa ♪ 4:00 GR Game Shows	24 10:00 GR Virtual Shabbat Services✧ 11:00 GR Weekend Workout↔ 1:30 AR Music & Manicures★ 2:30 DR DIME BINGO \$
25 10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube)† 11:00 AR Move It, Shake It, Lift It!↔ 1:30 AR Trivia 2:30 AR Pokeno\$ 6:00 Movie Ch 591	26 HAPPY BIRTHDAY MADELEINE 10:00 GR Monday Move It ↔ 10:30 AR Lucky Dog 1:30 AR Book Club with Teresa 2:30 DR DIME BINGO\$ 6:00 AR Independent Games✓	27 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare↔ 10:30 GR Bowling 1:30 3F Knitting/Crocheting Club 1:30 PD Men's Club 2:30 AR Lucky Dog 2:30 P Manicures with Katy 2:30 GR Poker with The Senior Poker Club C 4:00 GR Kids Say The Darnedest Things, Ch 591	28 10:00 GR Active Alliance ↔ 10:30 AR UNO 1:30 P Patio Chats 2:00 GR Bowling 2:30 P Patio Games 4:00 GR America's Got Talent 6:00 AR DIME BINGO\$	29 10:00 GR Fresh and Fit ↔ 10:30 AR Horse Racing 1:30 AR Ladies' Club 2:30 DR DIME BINGO \$ 6:00 AR Independent Games✓	30 HAPPY BIRTHDAY FRITZ 10:00 GR Exercise or Silver Sneakers↔ 10:30 AR Coffee Chats 1:30 GR Happy Hour 2:30 DR Entertainment with Rob B ♪ 4:00 GR Game Shows	31 10:00 AR Art with Katy 10:00 GR Virtual Shabbat Services✧ 11:00 GR Weekend Workout↔ 1:30 AR Music & Manicures★ 2:30 DR DIME BINGO \$

FLOWER OF THE MONTH | AUGUST

Gladiolus

*Strength and
beauty*



NATIONAL S'mores Day

AUG. 10

